

CERTIFICATE

OF PARTICIPATION

This is to certify that

John Nixon

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:33:19

PACE 07:09/km

OVERALL 20 of 149

GENDER 16 of 79

40 - 49 4 of 25

23 June 2019, Sun

Date



Bout Time